



Refocus on Recovery 2023

The sixth international Refocus on Recovery conference took place on 6-7 September 2023 in Nottingham, England. Refocus on Recovery is a scientific conference held every two years about mental health recovery. The 2023 conference was jointly organised with the Institute of Mental Health (lead organisation), School of Health Sciences (University of Nottingham), ImROC, Nottinghamshire Healthcare NHS Foundation Trust, McPin Foundation and the World Health Organization.

The scientific conference had three themes: Cross cultural learning; Digital approaches and Re-imagining services. Fourteen keynote speakers gave talks. The conference also included a welcome from Robin Hood! The conference attracted 180 people (in person) and 60 (online) from 27 countries: Australia, Austria, Belgium, Brazil, Canada, Denmark, England, Estonia, France, Germany, Hong Kong, Ireland, Israel, Italy, Japan, Malawi, Netherlands, New Zealand, Nigeria, Norway, Scotland, Spain, Sweden, Switzerland, Thailand, USA and Wales.

Feedback was very positive, with the main reasons for attending being personal growth and development, networking opportunities and scientific content. The conference was described as 'enlightening and inspiring', with an 'Interesting range of talks and speakers' and 'excellent content shared from many different countries that contributes to a richness in the understanding of Recovery', giving the opportunity for 'International networking' bringing together 'key persons in the field of Recovery globally'.

The conference archive can be accessed here:

<https://www.researchintorecovery.com/networks/refocus-on-recovery/>

