

Appendix 1

CANDID-S

How to Use CANDID-S

What Is CANDID-S?

The *Camberwell Assessment of Need for Adults with Developmental and Intellectual Disabilities* (CANDID) is a needs assessment scale specifically designed for people with intellectual disabilities and mental health problems. The CANDID was developed at the Institute of Psychiatry, Psychology and Neuroscience in London, by modification of the *Camberwell Assessment of Need* (CAN), an established needs assessment scale for people with severe mental illness. The validity and reliability of the CANDID have been investigated in community and hospital settings and were found to be acceptable (Xenitidis et al., 2000).

CANDID-S (Short version) is a brief (one page) semi-structured interview schedule screening need in 25 life domains. It aims to establish (i) if there is a need in each of these domains and (ii), if a need exists, whether it is currently met or unmet.

CANDID-R (Research version) addresses, in addition, the issues of who is each need met by (professional or informal sources) and whether the respondent is satisfied with the help the person is getting.

Who Can Complete CANDID-S?

CANDID-S is completed by the person conducting the interview. It can be completed by people from a variety of professional backgrounds. Although the interviewer needs to have experience of clinical assessment interviews, no formal training is required.

Who Should Be Interviewed?

The interviewer may choose to interview the service user (the person being assessed), an informal carer (relative or friend) or a staff member who knows the service user sufficiently well. Any of the three or all three may be interviewed and their perspectives may differ; this is why they are recorded in different columns. If an interview with the user is not possible, an advocate should be interviewed and instructed to answer the questions as if they were the user (rather than giving their own view). The carer could be a relative or a friend, generally someone who is not paid for the care they provide. The staff interview could be with any member of staff who has a good knowledge of the person's circumstances.

How Is CANDID-S Completed?

Each interview uses one column. The suggested questions, shown in italics, should be used to open discussion in each of the 25 domains. Additional questions should be asked with the goal of establishing whether the user has a need (currently met or unmet) in this domain. The time-scale used is the last four weeks prior to the interview.

How Is CANDID-S Rated?

There are four rating options:

- N = no need; indicates that there is no serious problem in the domain and no help is given
- M = met need; indicates that because of help given there is no problem or only a moderate problem in the domain
- U = unmet need; indicates that a serious problem exists, whether or not help is given
- ? = not known; indicates that the respondent does not know the answer or does not wish to disclose certain information

If the problem persists despite help, it is the respondent's assessment of the degree of the problem that determines the rating: M (met need) if the problem is only moderate and U (unmet need) if it is serious.

Over-provision of services is not assessed by the CANDID. The rating should be M (met need) or N (no need) reflecting the underlying need.

A response of 'no problem' requires further prompting to distinguish between no need (i.e. N) and met need (i.e. M).

Thus, the need rating is made using the following algorithm:

If the respondent does not know or does not want to answer

rate ? (not known), OTHERWISE

If a serious problem is present (irrespective of cause and whether any help is given)

rate U (unmet need), OTHERWISE

If there is no serious problem

rate M (met need), if this is because of help given OR

rate N (no need), if no help is given

Please refer to Chapters 4, 6 and 7 for full instructions, frequently asked questions and worked examples of needs assessment using CANDID-S.

**Camberwell Assessment of Need for Adults with Developmental and Intellectual Disabilities-Short version
CANDID-S, 2nd edition**

User's name:

Assessor's name:

Date of assessment:

Rating key:

N=no need **U**=unmet need

M=met need **?**=not known

User Carer Staff

1. Accommodation <i>What kind of place do you live in? Do you have any problems with it?</i>			
2. Food <i>Do you get enough to eat? Do you make your own meals?</i>			
3. Looking after home <i>Are you able to look after your home or room? Does anyone help you?</i>			
4. Self-care <i>Do you have problems keeping yourself clean & tidy? Do you need reminding or help?</i>			
5. Daytime activities <i>How do you spend your day? Do you have enough to do during the day?</i>			
6. General physical health (excl. specific problems rated in domains 7, 8 & 9) <i>Do you have any health problems? Are you getting any treatment for physical problems?</i>			
7. Eyesight/Hearing <i>Do you have problems with your eyesight or hearing? Do you use a hearing aid or glasses?</i>			
8. Mobility <i>Do you have difficulty moving about inside or outside the home?</i>			
9. Seizures <i>Do you ever get fits? Are you getting any treatment for them?</i>			
10. Major mental health problems <i>Do you ever hear voices or have problems with your thoughts?</i>			
11. Other mental health problems <i>Have you recently felt very sad or low? Have you felt overly anxious & frightened?</i>			
12. Information <i>Has anybody explained to you about your condition and treatment?</i>			
13. Exploitation risk <i>Is anyone trying to take advantage of you? Can you stand up for yourself?</i>			
14. Safety of self <i>Have you ever thoughts of harming yourself? Do you do anything to put yourself at risk?</i>			
15. Safety of others <i>Do you ever lose your temper and hit people? Do you think you can be a danger to others?</i>			
16. Inappropriate behaviour (excl. specific problems rated in domains 14, 15 & 20) <i>Do other people get annoyed, upset or angry because of your behaviour?</i>			
17. Substance misuse <i>Does drinking alcohol cause you any problems? Do you take drugs that are not prescribed?</i>			
18. Communication <i>Can you understand what other people say to you? Can they understand you?</i>			
19. Social relationships <i>Do you have enough friends? Do you wish you had more contact with people?</i>			
20. Sexual expression <i>Do you have any sexual difficulties?</i>			
21. Caring for someone else <i>Do you have any children under 18 or a relative you are looking after?</i>			
22. Basic education <i>Do you have difficulty in reading & writing? Can you count change in a shop?</i>			
23. Transport <i>Can you travel by bus, tube or train? Do you get a free bus pass?</i>			
24. Money budgeting <i>How do you find budgeting your money? Do you get help with things like paying your bills?</i>			
25. Welfare benefits <i>Are you sure you are getting all the money you are entitled to?</i>			
A. Total Met needs – count the number of Ms in the column			
B. Total Unmet needs – count the number of Us in the column			
C. Total number of needs – add together A + B			