Appendix 3

Camberwell Assessment of Need Forensic Short Version (CANFOR-S), 2nd Edition

How to Use CANFOR-S
What Is CANFOR-S?

The CANFOR-S is a semi-structured interview schedule assessing need in 25 domains of the person's life. It summarises the need rating for each domain, along with whether problems/difficulties in certain domains contributed to the index offence and/or reasons for referral to the current service. The CANFOR-S is suitable for research and routine clinical use.

Suggested Questioning Process for Each Domain on the CANFOR-S

1. During the past month, have you (*they*) had any problems in this area?
2. If no, is that because of any help you (*they*) are receiving for these problems?
3. On balance, would you say that it is still a serious problem?
4. (*For staff interviews*) Do you think that problems in this domain contributed to the index offence or reasons for referral to the service?

The overall need rating for each of the 25 need domains is scored as follows:

N = no need	Indicates that the person does not have any problems/difficulties in the area and that they are not currently receiving any help in this area.
M = met need	Indicates that the person does currently have some problems/difficulties in this area and that effective help is being received.
U = unmet need	Indicates that the person does currently have problems/difficulties in this area and either that (from the interviewee's perspective) they are not getting any help at all for these problems/difficulties, or that the help they are receiving is not helping.

(cont.)

NA = not applicable	This rating is only available for five of the 25 CANFOR-S domains. For the sexual offending and arson domains, a not applicable score can be recorded if the interviewee reports that the person has no history of problems in the area and that they do not present a current risk in the area. Accommodation can be scored as not applicable if the person is currently an inpatient or prisoner and is not likely to be considered for transfer or discharge in the next 6–12 months. Transport can be scored as not applicable according to the same criteria. Dependents can be scored as not applicable if the interviewee reports that the person has no children or dependents.
? = not known / prefer not to say	Indicates that the interviewee does not know about the particular domain, is not confident in their response, or does not wish to disclose any information about any problems/difficulties they might know about.

There are four columns. The first three allow for service user, staff member, and carer views to be recorded. The last column asks the staff member to record whether they think that difficulties in the specific domain contributed to the index offence and/or reasons for referral to the current service. This question is asked for 16 of the 25 CANFOR-S need domains, as indicated on the CANFOR-S form. For this summary assessment simply record Y (yes), N (no), or ? (don't know) for this column.

The total met needs and total unmet needs should be recorded at the bottom of the page, along with the total number of needs; the latter is calculated by adding the number of met needs and the number of unmet needs together. For example, if the assessment identifies 6 Ms and 2 Us (indicating 6 met needs and 2 unmet needs across the 25 CANFOR-S need domains), then record the number 6 in the total met

needs box, 2 in the total unmet needs box, and 8 (i.e. 6 met needs + 2 unmet needs) in the total needs box.

Note: All versions of the CANFOR are freely available as downloads through a new dedicated section of the Research into Recovery website (http://researchintorecovery.com/can), hosted by the University of Nottingham, England.

Camberwell Assessment of Need – Forensic Short Version

Service User name

Date of assessment __/__/__ Initials of assessor _____

N = No problem   M= Met need   U = Unmet need

NA = Not applicable **

Assessment number	1 Service User	2 Staff	3 Carer	Index Offence
Circle who is interviewed (U = Service User, S = Staff, C = Carer)				Y / N / ?
**1. Accommodation ** ** *Do you have a place to live when you leave hospital?*				
2. Food *Are you able to prepare your own meals and do your own shopping for food?*				/////
3. Looking after the living environment *Are you able to look after your room? Does anyone help you?*				/////
4. Self-care *Do you have any problems keeping yourself clean and tidy?*				/////
5. Daytime activities *How do you spend your day? Do you have enough to do?*				
6. Physical health *How well do you feel physically? What about side-effects from medication?*				/////
7. Psychotic symptoms *Do you hear voices or have problems with your thoughts?*				
8. Information about condition and treatment *Have you been given clear information about your current medication, treatment, and rights?*				/////
9. Psychological distress *Have you recently felt sad or low? Have you recently felt anxious or frightened?*				
10. Safety to self *Do you have thoughts of harming yourself? Do you put yourself in danger in any way?*				
11. Safety to others *Have you threatened other people or been violent? For example, have you lost your temper?*				
12. Alcohol *Do you have a problem with alcohol?*				
13. Drugs *Do you have a problem with drugs?*				
14. Company *Are you happy with your social life? Do you wish you had more contact with others?*				
15. Intimate relationships *Do you have a partner? Do you have problems with your close relationships?*				
16. Sexual expression *How is your sex life? Are you experiencing any difficulties with sexual matters?*				/////
17. Dependents** *Do you have any dependents, e.g. children under 18?*				
18. Basic education *Do you have any difficulty in reading, writing, or understanding English?*				/////
19. Digital communication *Do you have a phone and access to the internet?*				/////
**20. Transport ** ** *Do you have any problems using the bus, train, or tube? Do you get a free bus pass?*				/////
21. Money *Do you have problems budgeting your money? Do you manage to pay your bills?*				
22. Benefits *Are you sure that you are getting all the benefits you are entitled to?*				
23. Treatment *Do you agree with the treatment (medical and/or psychological) prescribed?*				
24. Sexual offences** *Do you think that you might be at risk of committing a sexual offence?*				
25. Arson** *Do you think you might be at risk of setting fires?*				

A – Met needs (count the number of Ms in the column)				Total Yes
B – Unmet needs (count the number of Us in the column)				Scores
C – Total number of needs (add together A and B)				_____