




The NEON trials are investigating whether having online access to people's real-life stories of recovery from mental ill health can be helpful for people experiencing psychosis or other mental health issues, and for those who care for them.

Our Participants

We have recruited **875** participants across England.

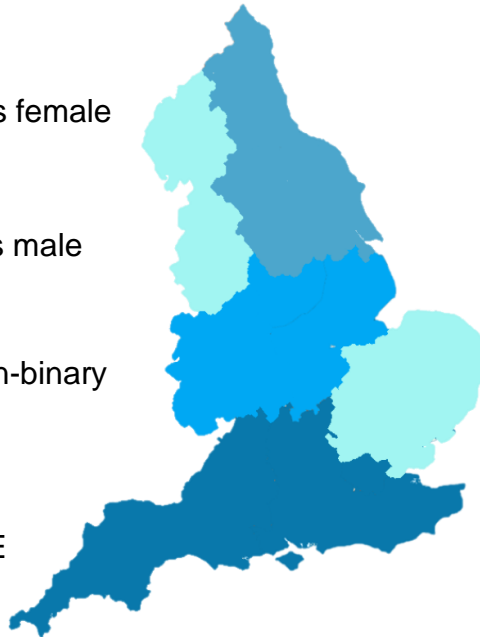
 **65%** identify as female

 **32%** identify as male

 **1%** trans or non-binary

85% are White

13% are from BAME communities



Geographical Location: **28%** South East, **22%** South West, **20%** London, **17%** Midlands, **5%** North East & Yorkshire, **5%** East, **1%** North West.

*98% of participants have provided us with their demographic details

Our Outputs

Peer-reviewed papers published	10
Co-authors	52
Number of citations	71
Pilot interviews conducted	25
Presentations delivered	21
Videos produced	3

You can read about our work here:


<https://researchintorecovery.com/research/neon/outputs>


The NEON Collection

We have added **489** stories to the NEON Intervention so far

These have been donated through collaboration with **28** existing collections and **13** individuals

- **49%** are about recovery mainly outside of formal mental health services
- **37%** are about recovery mainly within formal mental health services
- **15%** are about recovery despite experiences within the mental health service

 Stories have been accessed **2526** times

 We have received **2034** feedback comments on stories

Our Collaborations

We have contacted over **500** groups and organisations to promote the trials and recruit participants



We are advised by the **10** people on our Lived Experience Advisory Panel, which has met **8** times

Our Supporters



106
followers



89
likes



42
followers

To sign up to the NEON trials, or for more information, head to <https://recoverystories.uk>
Contact us at neon@nottingham.ac.uk if you have any questions

Find out more at
recoverystories.uk