



Under the patronage of



4th international WHO-CC meeting (Lille, France)

30- 31 January, 2014 - Lille, France

Espace des Acacias
Place Joseph Hentgès
59260 Hellemmes (Metro line 1 – station Hellemmes)

How to promote empowerment experiences for Mental Health users and carers in Europe?

Indicators and good practices

The World Health Organisation Collaborating Centre for research and training in mental health (WHO-CC, Lille, France) and WHO Europe organise a European congress about empowerment of mental health users

The conference aims to:

- present experiences of good practices Mental Health
- discuss the 19 indicators of « WHO / EC Partnership Project on Empowerment and Mental Health Advocacy »
- promote the use of these relevant indicators

For the last ten years, perception and service users and carers' role have considerably changed.

The « passive patient» has become a « citizen user» more and more involved in its care and recovery. This significant evolution has had a huge impact on the Mental Health field. This has concerned not only individuals but also associations and groups who campaign for human rights, mental health advocacy, policies, laws and services that meet users' needs. They want to be involved in stages of the decision-making process.

« Empowerment » consists to provide to people living with mental health troubles and their families the opportunity to regain control, power, authority and a sense of ability. This leads to give more responsibilities about treatment management, care and services. Empowerment dynamic includes implementing and carrying out prevention and anti-stigmatisation programmes.

Language: English and French with simultaneous translations

Thursday, 30 January 2014

9h00 - 12h00

WHO CC Lille, France
 WHO CC Casablanca, Morocco
 WHO CC Montréal, Canada
 WHO CC Geneva, Switzerland
 WHO

Side meeting: Workshop with users and carers involved in the ICD-11 revision groups

12h00 - 14h00

LUNCH

<p>European Congress</p> <p>How to promote empowerment experiences for Mental Health users and carers in Europe?</p> <p>Indicators and good practices</p> <p>WHO CC (Lille, France) and WHO Europe</p>

14h00 - 14h30

Registration of participants

14h30 - 15h30

Opening plenary

15h30 - 16h00

Presentation of the European survey about empowerment indicators for users and carers empowerment in Mental Health

16h00 - 16h30

COFFEE BREAK & POSTER SESSION

16h30 - 17h30

Examples of empowerment good practices

16h30 - 17h30

Side meeting: Citizenship and empowerment for Mental Health users in France and Quebec – Symposium in collaboration with the International Movement for Citizenship and Mental IMCMH

Friday, 31 January 2014

9h00 - 9h30

Welcoming of the participants

9h30 - 12h00

Thematic Workshops on indicators of good practices:

- Workshop 1: Protection of human rights / tackling mental health stigma and discrimination
- Workshop 2: Users and carers involvement in decision making
- Workshop 3: High-quality care and accountability of services
- Workshop 4: Access to information and resources

12h00 - 13h30

LUNCH & POSTER SESSION

13h30 - 15h30

Presentations and recommendations from the workshops

15h30 - 16h00

General conclusion and perspectives

16h00

End of the congress

ART EXHIBITION

The Fonds d'art contemporain Frontière\$ will present art works from known and unknown artists with and without mental health troubles, during the congress.

Stakeholders concerned by empowerment of Mental Health users and carers in Europe:

- Users and caregivers
- Primary care professionals
- Psychiatric and mental health professionals
- Professionals with a social background
- Human sciences researchers
- Residents/students
- Policy makers and elected representatives
- Anyone interested

PRACTICAL INFORMATION

REGISTRATION

Fees (Congress and lunch):

Continuing Education	Individual registration	Students* and welfare beneficiaries*	Member of users and carers' association*
180 €	120 €	30 €	20 €

ACCREDITATION CODE

Accreditation code for continuous training : 26.21.01290.21

(* Proof needed for reduced fees)

Registration includes: access to scientific sessions, art exhibition, Friday lunch, coffee breaks and congress documents.

Registration form is available on the [WHO-CC \(Lille, France\) website](http://www.comssantementalelillefrance.org/), and must be completed and sent back with full payment **before January 10th, 2014**. (<http://www.comssantementalelillefrance.org/>)

Your registration is not complete until we receive your full payment

TRANSPORTATION

Train



You can get a 20% reduction on your travel by train, valid in the national territory. To receive your voucher, please apply at registration.

SECRETARIAT CONGRESS:

CCOMS
35-37 rue de la Justice
59000 Lille
France
Tél : +33 320 437 100
Fax: +33 320 437 115
Email : congres-empowerment-ccoms@epsm-lille-metropole.fr

CALL FOR PROPOSALS

The 4th International meeting is giving you the opportunity to share an experience of users or carers empowerment good practice.

There are two possible types of contribution:

- **Oral communication** : 10 minutes, followed by questions and discussions
- **Poster presentation** : Size 70 x 100 cm

Proposals should report experiences of good practices for empowerment of persons suffering from mental disorders, or address a more general theoretical issue of empowerment in mental health. Please clearly indicate the field of these experiences explain the intervention and describe the methodology, progress status and results.

SUBMISSION

Proposals should be sent in the form of an abstract of no more than 1000 signs including spaces, in French or English.

The first page will mention separated from your abstract:

- Main subject of your proposal:
 - (1) Protection of human rights / tackling mental health stigma and discrimination
 - (2) Users and carers involvement in decision making
 - (3) High-quality care and accountability of services
 - (4) Access to information and resources
- Title in French and in English
- Name, first name, affiliation (research centre, university, institution) and contact details of the corresponding author (full address, e-mail and phone number)
- 4-5 keywords in French and/or in English
- Type of communication (oral or poster)

The proposal form is available on the [WHO-CC \(Lille, France\) website](http://www.ccomssantementalelillefrance.org/) (<http://www.ccomssantementalelillefrance.org/>).

Proposals must be sent by email (attached pdf file), specifying whether it is an oral or poster presentation.

Submissions must be received by November 30th, 2013 at the following address:

congres-empowerment-ccoms@epsm-lille-metropole.fr

An agreement in principle will be given by the scientific committee. For both types of proposals, we must receive your final text or poster. Indeed, selected papers will be published and distributed to all the participants during the congress (1-8 pages, Times New Roman 12, line space 1.5).

CALENDRIER

November 30th, 2013:

Deadline for submit an abstract

December 10th, 2013:

Notification of acceptance to authors by the scientific committee

January 10th, 2014:

Deadline for final papers for publication

COMMITTEES

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