

INSPIRE Scoring instructions

There are three versions of the INSPIRE measure:

1. Brief INSPIRE is a 5-item self-rated measure of recovery support from a worker, i.e. a Patient-Rated Experience Measure (PREM)
2. INSPIRE is 27-item self-rated measure of recovery support from a worker, i.e. a Patient-Rated Experience Measure (PREM)
3. Brief INSPIRE-O is 5-item self-rated measure of recovery, i.e. a Patient-Rated Outcome Measure (PROM)

All versions can be downloaded at researchintorecovery.com/inspire

THIS PAGE GIVES THE SCORING INSTRUCTIONS FOR INSPIRE.

INSPIRE has two sub-scales: Support and Relationship. These are reported separately, and each sub-scale score ranges from 0 (lowest support for recovery) to 100 (highest support for recovery).

Scoring the Support sub-scale

Not all questions need to be completed for the Support sub-scale score to be calculated. If all 20 questions are rated 'No' (or left blank) then the Support sub-scale score cannot be calculated. Otherwise the Support sub-scale score is calculated using questions where the amount of support (from 'Not at all' to 'Very much') is rated.

Add the total amount of support rated using the following scoring scale:

Not at all	0
Not much	1
Somewhat	2
Quite a lot	3
Very much	4

Then divide this total by the number of questions where the amount of support was rated, then multiply by 25.

For example, a person rates the amount of support received for 10 of the 20 questions – one as 'Not much', eight as 'Somewhat' and one as 'Quite a lot'.

Their Support sub-scale score is:

$$(((1 \times 1) + (8 \times 2) + (1 \times 3)) / 10) \times 25 = 50.$$

Scoring the Relationship sub-scale

All 7 questions need to be rated for the Relationship sub-scale score to be calculated.

Add the total for each question using the following scoring scale

Strongly disagree	0
Disagree	1
Neutral	2
Agree	3
Strongly agree	4

Multiply this total by 3.571.

For example, if the total for the seven questions is 14 the Relationship sub-scale score is:

$$14 \times 3.571 = 50.$$