



# INSPIRE

## A new measure of the recovery orientation of services

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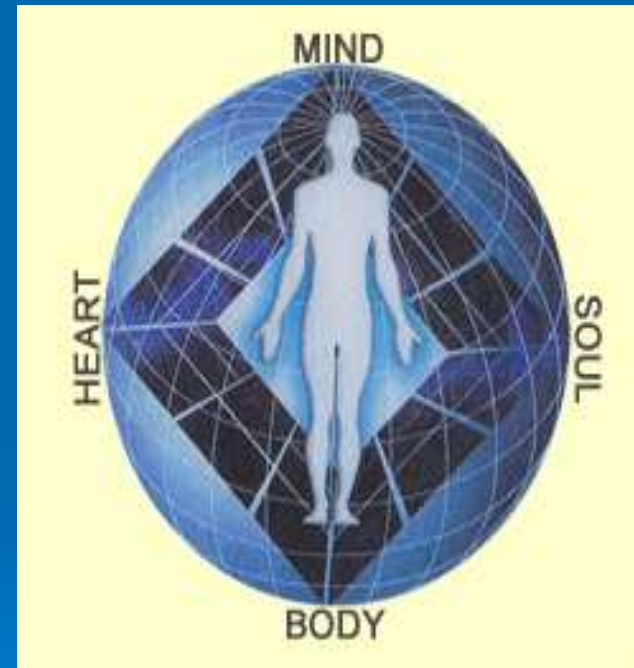
# Presentation Outline

- Measuring recovery
  - The role of services in recovery
  - The need for a new measure
  - The new measure - INSPIRE
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# The nature of recovery

- Individual
  - Multi-faceted
  - Subjective
  - Different perspectives
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# Can we measure Recovery?




# Why measure Recovery?


- For services:

To assess what they are doing to promote recovery

To assess whether this does promote recovery




# The role of services in recovery

- People do not need services to recover
  - Services often play some role in people's lives
  - How can services help recovery?
  - How can this be evaluated?
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# Systematic review of existing measures

## Criteria for review:

- Assessed services
  - Rated by service users
  - Provided quantitative data (numbers)
  - Had been standardised
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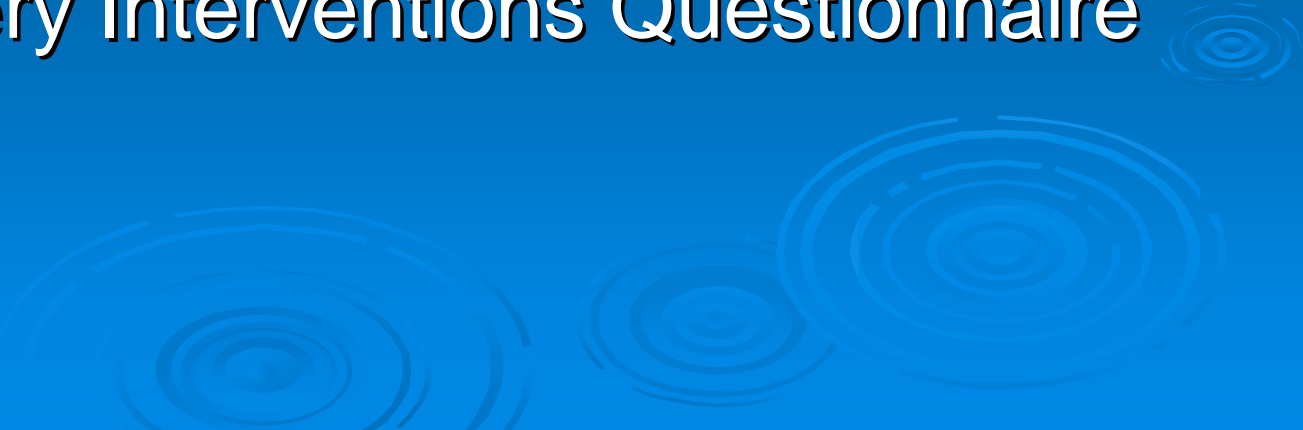
# Findings of Review

- 11 measures found
- 6 excluded because:
  - assessed staff competencies only
  - needed trained assessors
  - did not provide quantitative data
  - no details of psychometric testing (2)
  - not available




# Measures identified

5 measures identified:

1. Recovery Self-Assessment
  2. DREEM
  3. Recovery Oriented System Indicators
  4. Recovery Oriented Practices Index
  5. Recovery Interventions Questionnaire
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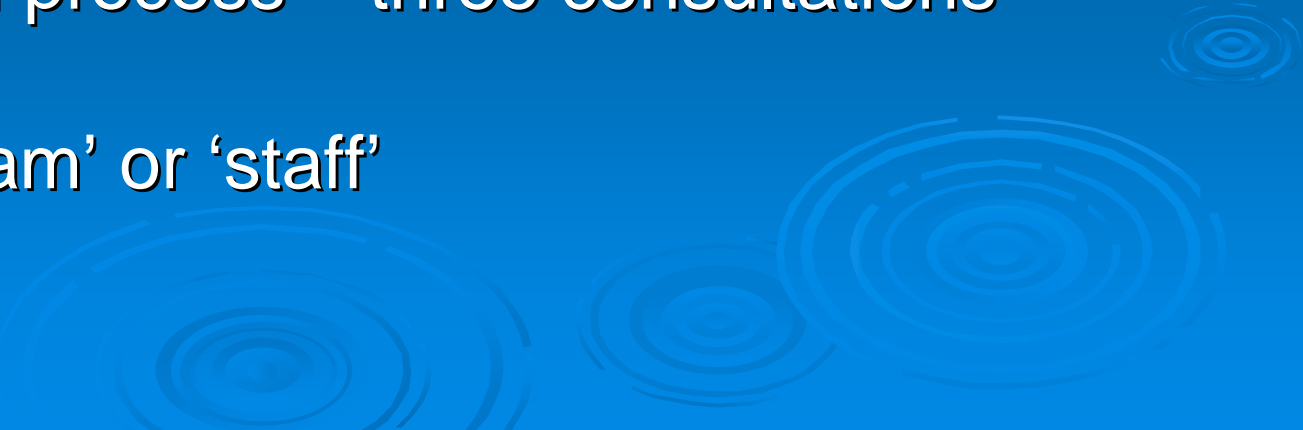
# The need for a new measure

- Limitations of existing measures
  - Measure for the UK context
  - Use of REFOCUS Conceptual Framework
  - Individualise measurement
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# INSPIRE theoretical underpinning



# Development process


- Used Conceptual Framework as underpinning
  - Collaborative process with service user-researcher
  - Ensure questions able to be answered
  - Consultation process – three consultations
  - Measure ‘team’ or ‘staff’
- 

# Current versions

- Two versions – Team and Staff
- Two sections
  - How individual staff or team support aspects of recovery important to person
  - The way the staff member or team work with you


# Consultation 1

## Consultation with members of LEAP

- Changes from positive statements
  - Changes to some wording of items
  - Issue re: asking about team
  - Overall positive feedback
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# Consultation 2

## Refocus on Recovery Conference

- Made shorter-from 30 items to 20
  - Format changed - 'cleaner'
  - Scoring format changed
  - Space for comments added
- 

# Continuing development process

- Consultation
- Pilot-20 service users
- Psychometric validation-80 service users
  - validity
  - reliability
  - sensitivity to change
- Use in RCT
- Possible use in routine practice





# Contact details

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