

# Brief INSPIRE

## Scoring instructions

There are three versions of INSPIRE:

1. Brief INSPIRE is a 5-item self-rated measure of recovery support from a worker, i.e. a Patient-Rated Experience Measure (PREM)
2. INSPIRE is 27-item self-rated measure of recovery support from a worker, i.e. a Patient-Rated Experience Measure (PREM)
3. Brief INSPIRE-O is 5-item self-rated measure of recovery, i.e. a Patient-Rated Outcome Measure (PROM)

All versions can be downloaded at [researchintorecovery.com/inspire](http://researchintorecovery.com/inspire)

### **THIS PAGE GIVES THE SCORING INSTRUCTIONS FOR THE BRIEF INSPIRE.**

Note: A score sheet which calculates the Brief INSPIRE scores automatically can also be downloaded at [researchintorecovery.com/inspire](http://researchintorecovery.com/inspire)

If any question is left blank the Brief INSPIRE score cannot be calculated.

If all five questions are rated, then add the scores for each item using the following scoring scale:

Not at all	0
Not much	1
Somewhat	2
Quite a lot	3
Very much	4

Multiply this total by 5 to give the total score, ranging from 0 (low recovery support) to 100 (high recovery support).

For example, a person answers 'Quite a lot' to questions 1 to 3 and 'Very much' to questions 4 and 5. Their Brief INSPIRE score is

$$((3 \times 3) + (2 \times 4)) \times 5 = 85.$$