# ENMESH 2013

**www.enmesh.eu**

**SECOND ANNOUNCEMENT**

## Tenth International Conference of the European Network For Mental Health Service Evaluation

# Recovery-Oriented Mental Health Services:

### Therapeutic, organisational and economic challenges

## OCTOBER 3-5, 2013
## VERONA, ITALY

**The X$^{th}$ ENMESH Congress will be preceded on the 2nd of October by an International Meeting on the theme "IMPROVING THE GLOBAL ARCHITECTURE OF MENTAL HEALTH CARE" which is a celebratory event in honour of Professor Michele Tansella. All colleagues and friends of Michele Tansella are cordially invited to take part. All those who intend to attend this event should be so kind to inform immediately the Local Organisation Committee (verona.enmesh2013@ateneo.univr.it).**

# Scientific Program

| Thursday 3 October | |
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| **9.00-10.00** | **Welcome addresses**<br>• Mayor of Verona<br>• vice Chancellor University<br>• Directors AOUI & ULSS 20<br>• ENMESH Chairperson |
| | **GENERAL OPENING LECTURE** |
| **10.00-11.00** | Robert Drake (Dartmouth, US) - Using behavioral health technology to improve psychosocial treatments, communications, and outcomes.<br>Jasna Russo (Berlin, DE) - From empowerment to emancipation: situating first person knowledge.<br>Discussant: Mike Slade (London, UK) |
| | **Opening Themes 1 & 2** |
| **11.00-12.30** | Theme1: Kristian Wahlbeck (Helsinki, FI) - Policy and practice in mental health services: can research make the two meet?<br>Theme 2: Philippa Garety (London, UK) - Psychological interventions and service organization to promote recovery in psychosis: learning from evidence and practice |
| **12.30-13.30** | **Lunch** |
| **13.30-14.30** | **Guided Poster Tour** |
| **14.30-17.45** | **Parallel Sessions** |

| Friday 4 October | |
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| | **Opening Themes 3 & 4** |
| **9.00-10.30** | Theme 3: Helene Verdoux (Bordeaux, FR) - How to translate into clinical practice findings from pharmaco-epidemiological studies? The example of psychotropic drugs in the elderly.<br>Theme 4: Sir David Goldberg (London, UK) - Improving the communication skills of GPs. |
| **10.45-13.00** | **Parallel sessions** |
| **13.00-14.00** | **Lunch** |
| **14.00-18.00** | **Parallel sessions** |
| **20.00** | **Gala Dinner** |

| Saturday 5 October | |
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| | **Closing Themes 1-4** |
| **9.00-11.00** | Theme 1: Martin Knapp (London, UK) - Inequality, inequity, ineffectiveness: from evidence to action.<br>Theme 2: Steffi Riedel-Heller (Leipzig, DE) - Psychosocial interventions in severe mental disorders – evidence, recommendations and open questions for mental health service research.<br>Theme 3: Scott Patten (Calgary, CA) - Do psychotropic medications improve mental health in the population? And, why is such a simple question so hard to answer?<br>Theme 4: Stefan Priebe (London, UK) - Better communication with patients - the heart and the future of psychiatry. |
| | **GENERAL CLOSING LECTURE** |
| **11.30-13.00** | David McDaid (London, UK) - The economic crisis – an opportunity for mental health service reform?<br>Lars Hansson (Lund, SE) - Public stigma and self-stigma in staff-patient relationships. A future perspective in recovery-oriented services? |

# Conference Themes

## 1. Reducing socio-economic inequalities of places, individuals and services for better patients' recovery

Equity is defined as the absence of differences across socially, economically, demographically or geographically defined population groups. Social indicators such as education, income, social capital, quality of services and others have been recognized to have a relevant modulating effect on recovery. The theme of equity and the question of who can profit from service delivery, and thus reach optimal recovery from illness embraces a wide variety of research topics and requires different approaches and analytic tools. Accessibility measures can be viewed as a social indicator when they assess and show the availability of social opportunities for individuals.

## 2. Psychosocial interventions that promote better outcome and recovery

This theme aims at providing an update on new knowledge on a broad range of topics relevant to health service research and on most effective treatments that should be provided to patients cared for in mental health services. Specific emphasis will be given on contextual and treatment factors that are expected to produce better outcomes and functional recovery. Specifically, the following sub-themes will be covered: a) health service research; b) effective intervention provision in routine mental health services; c) effectiveness evaluation of complex recovery-oriented interventions in routine mental health services; d) multidimensional outcomes in mental health services; e) stigma, discrimination and human rights in mental health; f) interplay of biological and environmental factors in determining outcome of mental disorders.

## 3. Changing patterns of psychotropic drug interventions in mental health systems

The last decades have been characterized by substantial changes in the provision of psychotropic drug interventions, at a local, national and global level. This theme aims to provide a comprehensive overview of these changes which have had, and will have in the future, a profound impact on the treatment and care of individuals with psychiatric disorders, and will also play a key role in the change process needed for working in a recovery-oriented style. We encourage studies describing disparities in access and use of evidence-based pharmacological interventions, barriers to care, and studies analyzing the challenging aspects in implementing evidence-based treatment recommendations.

## 4. Improving communications skills for better mental health services

Mental health is influenced by a complex interplay of physical, social, economic, cultural and environmental factors and it must be seen in a broader context, with all stakeholders involved. Health and well-being of all people is the central goal of the mental health services. This entails a more holistic and people-centred approach to mental health care, and a balanced consideration of the needs as well as the responsibilities and capacities of all mental health constituents. In this context the importance of health provider-patient communication on both biomedical and psychological outcomes of care becomes increasingly relevant. All studies on health provider-patient communication and its role in mental health services are welcome under this theme.

## Important dates

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| **Abstract and Symposia calls *:** | Opening, November 1, 2012<br>Closing, March 31, 2013<br>Notifications of acceptance, April 30, 2013 |
| **Early registration** | May 15, 2013 |

* See details on abstracts and symposia submission at:
www.enemesh.eu//Verona_2013/index_Verona_2013.html

Free rooms for societal boards and projects' committee meetings will be available under request.

## Registration fees:

| | Early (Registration and payment until May 15, 2013) | Regular (Registration and payment from May 16 to June 30, 2013) | Late (Registration and payment from July 1 to September 15, 2013) | On site (Registration and payment from October 3, 2013) |
|---|---|---|---|---|
| Regular | 400 Euro | 450 Euro | 500 Euro | 550 Euro |
| Reduced*, Student, Trainees and Residents ** | 200 Euro | 250 Euro | 300 Euro | 350 Euro |
| Accompanying persons † | 80 Euro | 100 Euro | 150 Euro | 200 Euro |
| Gala Dinner on Friday evening≠ | 65 Euro | 65 Euro | 65 Euro | |

* Service users and participants from Eastern Europe and upper-middle (cat B), lower-middle (cat. C), low- (cat. D) income countries (World Bank classification).
** Students must attach a copy of their student ID, Residents and Trainees a signed certificate from their department head or supervisor. Age limit to 40 years.
† Registration fees for all Accompanying persons, no matter from which area, do not include attendance to any of the Congress Scientific Sessions. They include: participation in Social Events (Opening Ceremony, Welcome Cocktail and Closing Ceremony), admission to the Congress Exhibition Area, admission to Art Exhibition in Verona, public transports 3-day ticket.
≠ Please note that you have to decide at the time of online registration whether you want to go to the Gala Dinner on Friday Evening because number of tickets is limited and will be no on-site tickets.

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## LOCAL SCIENTIFIC COMMITTEE

***Coordinators: Francesco Amaddeo and Corrado Barbui***

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***Updates will be available on:*** **www.enmesh.eu**
***For information please write to:***
**verona.enmesh2013@ateneo.univr.it**

IN COOPERATION WITH:

AZIENDA ULSS 20

AZIENDA OSPEDALIERA UNIVERSITARIA INTEGRATA VERONA