Brief INSPIRE
Scoring instructions

There are three versions of INSPIRE:

1. Brief INSPIRE is a 5-item self-rated measure of recovery support from a worker, i.e. a Patient-Rated Experience Measure (PREM)
2. INSPIRE is 27-item self-rated measure of recovery support from a worker, i.e. a Patient-Rated Experience Measure (PREM)
3. Brief INSPIRE-O is 5-item self-rated measure of recovery, i.e. a Patient-Rated Outcome Measure (PROM)

All versions can be downloaded at researchintorecovery.com/inspire

THIS PAGE GIVES THE SCORING INSTRUCTIONS FOR THE BRIEF INSPIRE.

Note: A score sheet which calculates the Brief INSPIRE scores automatically can also be downloaded at researchintorecovery.com/inspire

If any question is left blank the Brief INSPIRE score cannot be calculated.

If all five questions are rated, then add the scores for each item using the following scoring scale:

Not at all 0
Not much 1
Somewhat 2
Quite a lot 3
Very much 4

Multiply this total by 5 to give the total score, ranging from 0 (low recovery support) to 100 (high recovery support).

For example, a person answers 'Quite a lot' to questions 1 to 3 and 'Very much' to questions 4 and 5. Their Brief INSPIRE score is $((3 \times 3) + (2 \times 4)) \times 5 = 85$. 

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