

Monday 5<sup>th</sup> March 2012 (am)

**Refocus on Recovery 2012 Masterclasses**

8.00am – 9.00am

Masterclass registration

9.00am - 12.00noon

Facilitator

Masterclass title

Venue

Glenn Roberts & Elina Baker

Geoff Shepherd

Tony Coggins

Julie Repper

Mary O'Hagan

Augusto D. Mello

Sarah Blakemore &  
Victoria Bleazard

1. Working as a recovery-oriented professional

2. Organisational transformation towards recovery

3. Improving well-being

4. Developing recovery values in the workforce

5. Using lived experience as a trainer

6. Peer Support: Transforming Lives, Transforming Services.

7. Fostering social activism

Monday 5th March 2012 (pm)

Refocus on Recovery 2012 Conference

10.00am-1.00pm	Conference registration			
1.00pm-1.30pm 1.30pm-2.00pm 2.00pm-3.00pm	Opening remarks: Paul Jenkins, Chief Executive at Rethink Mental Illness Tom Craig, Director of R&D, South London and Maudsley NHS Foundation Plenary speaker: Vanessa Robinson Plenary speaker: Mary O'Hagan (Theme 2: Peer support)			Venue
3.00pm-3.30pm	Break			
3.30pm-5.00pm	<b>Parallel Session 1</b>			
	<p><b>Session 1.1</b> Social rights and activism</p> <p><b>Venue:</b> Chair:</p> <p>Marina Morrow – Dialoguing about Equity &amp; Recovery: Moving beyond the individual journey.</p> <p>Helen Paris Hamer – Insiders and Outsiders: Mental Health, Citizenship and Social Justice</p> <p>Julie Rahbaek Moller – Entangled development – an anthropological analysis of residents and staff in social psychiatric residential homes in Denmark</p> <p>Wendy Bryant – Ways of Seeing: a community project based in a museum to promote inclusion</p>	<p><b>Session 1.2</b> Peer support: lived experience and role models</p> <p><b>Venue:</b> Chair:</p> <p>Jorge Assis - Differences of application of paradigm of recovery in Brazil</p> <p>Ruth Chandler - Conceptual and practical challenges and opportunities in developing recovery orientated research roles with experts by lived experience</p> <p>Dr. Hanneke van Gestel - Effects and feasibility of a peer-run course on the recovery of people with major psychiatric problems: a randomized controlled trial and feasibility study</p> <p>Bridget Hamilton – Does my work badge say “peer worker”? Expectations of personal disclosure by peer workers in mental health teams.</p>	<p><b>Session 1.3</b> Mental Health Services and recovery: Implementing change</p> <p><b>Venue:</b> Chair:</p> <p>Geoff Dickens - Mental Health Recovery Star: Validating User Recovery.</p> <p>Mark Ragins – Creating recovery based practice and systems based on the Milestones of Recovery Scale</p> <p>Bridey Monger – Recovery outcome measurement in a Scottish mental health charity</p> <p>Bent Schultz - Measuring recovery orientation – a presentation of a new screening and development tool</p>	<p><b>Session 1.4</b> Mental health services and recovery: implementing change</p> <p><b>Venue:</b> Chair:</p> <p>Jayne Lewis – An evaluation of the recovery orientation of the Inner Urban East Adult Mental Health Initiatives – a partnership between Mind Australia and St Vincent’s Mental Health Service</p> <p>Mary Birken - Improving the ability to carry out daily living activities</p> <p>Shula Ramon - Implementing shared decision making in psychiatric medication management: key findings from the firstphase of a pilot project</p> <p>Brian Kjærulff - Recovery implementation in the City of Aarhus: 2011-2013 Strategy</p>
5.00pm – 5.30pm	Plenary speaker: Mike Slade (Recovery Research)			

5.30pm – 7.00pm	Drinks reception at the Congress Centre			
<b>Tuesday 6th March 2012 (am)</b>				
<b>Refocus on Recovery 2012 Conference</b>				
9.00am – 9.30am	Plenary speaker: Paulette Ranaraja			<b>Venue:</b>
9.30am – 10.30am	Plenary speaker: Nic Marks (Theme 3: Recovery and wellbeing)			
<b>10.30am – 11.00am</b>	<b>Break</b>			
11.00 – 12.30pm	<b>Parallel Session 2</b>			
	<p><b>Session 2.1</b> Social rights and activism</p> <p><b>Venue:</b> Chair:</p> <p>Lupin Battersby - Increasing equity in mental health and recovery through 'Multistrand Mainstreaming'</p> <p>Helen Hutchings – Multi-Disciplinary Preceptorship in Mental Health: A Recovery Focussed Workforce</p> <p>Wendy Bryant - Researching Psychosis Together: changing lives through collaborative research</p> <p>David Rosenberg - Transcending the care paradigm – Developing participation-related services in the community</p>	<p><b>Session 2.2</b> Peer support: lived experience and role models</p> <p><b>Venue:</b> Chair:</p> <p>Jennifer Newbould – An evaluation of the peer workers employment programme at Cambridge and Peterborough Foundation Trust.</p> <p>Alan Simpson – Peer support for people discharged from hospital: Results of a pilot randomised controlled trial in England</p> <p>Jacquie Kidd – Peer support in primary health care for people with experience of serious mental illness</p> <p>Marie Koenig-Flahaut – A Peer support experience in a French community service</p>	<p><b>Session 2.3</b> Mental Health Services and recovery: Implementing change</p> <p><b>Venue:</b> Chair:</p> <p>Alessandro Svetini - Recovery conferences and daily practice: mind the gap! An Italian experience.</p> <p>Anna Love - Turning the tide: consumer and organisational experiences of refocusing on recovery</p> <p>Anne Petersen - What Service Providers Say and Do – insight into Challenges of Implementing Recovery</p> <p>Ken Murphy - What kinds of discourses are service users and staff drawing on during the adoption of recovery-oriented practices?</p>	<p><b>Session 2.4</b> Mental health services and recovery: implementing change</p> <p><b>Venue:</b> Chair:</p> <p>Julie Williams – The development of a new service user rated measure of staff support for recovery (INSPIRE)</p> <p>Clair Le Boutillier – Translating Recovery to practice</p> <p>Victoria Bird – A framework of recovery support for black individuals.</p> <p>John Larsen – Using lived experience to guide research: the perspectives of REFOCUS LEAP members and collaborators.</p>
12.30pm-1.30pm	Lunch			
12.30pm-1.30pm	Conference reflection session			
12.30pm-1.30pm	Poster viewing			

Tuesday 6th March 2012 (pm)

**Refocus on Recovery 2012 Conference**

1.30pm – 2.00pm	Well-being event			<b>Venue:</b>
2.00pm – 2.30pm	Plenary speaker: Sidney Millin			
2.30pm – 3.30pm	Plenary speaker: Peter Beresford			
<b>3.30pm – 4.00pm</b>	<b>Break</b>			
4.00pm – 5.30pm	<b>Human Library</b>			
4.00pm – 5.30pm	<b>Parallel Session 3</b>			
	<p><b>Session 3.1</b> Mental Health Services and recovery: Implementing change <b>Venue:</b></p> <p>Chair:</p> <p>Harriet Jordan – Development and evaluation of the five-language Clinical Decision-making Involvement and Satisfaction (CDIS) Measure.</p> <p>Suzie Marriott – How to introduce Recovery into everyday practice with a forensic population.</p> <p>Rosana Onocko Campos – Creating Space for the Experience of Psychotropic Use and Rights of Mental Health Users: a Multicentre Strategy.</p> <p>Sabine Hahn – Recovery within the psychiatric nursing process: Best practice from stakeholder's perspectives</p>	<p><b>Session 3.2</b> Recovery and wellbeing <b>Venue:</b></p> <p>Chair:</p> <p>Drs Rani Bora &amp; Emma Hoerning – 5 Ways to Well-being: How do you get the message across?</p> <p>Genevieve Wallace – To Disclose or not to Disclose? Using IPA to Explore Peer Advocates' Experiences Around Mental Health Disclosure</p> <p>Lim Kee Hean – Recovery: It's Personal</p> <p>Alice Hicks – Ups and Downs in support for Recovery: Report from service user research on experiences of people diagnosed with bipolar</p>	<p><b>Session 3.3</b> Mental Health Services and recovery: Implementing change <b>Venue:</b></p> <p>Chair:</p> <p>George Platts – Re-ablement in Mental Health Services</p> <p>Ulla-Karin Schon – Can gender sensitivity in psychiatry improve recovery?</p> <p>Henning Petersen – Recovery in patients with co-morbid substance use disorder and severe mental illness included in ACT-team.</p> <p>Tony Henderson – Consumer satisfaction survey and its impact on community psychiatric rehabilitation services.</p>	<p><b>Session 3.4</b> Mental health services and recovery: implementing change <b>Venue:</b></p> <p>Chair:</p> <p>Mary Leamy – The REFOCUS Intervention: developing and evaluating a pro-recovery intervention for use within community based mental health terms.</p> <p>Victoria Bird – The REFOCUS intervention manual – using a hierarchy of evidence.</p> <p>Sally Gomme – RETHINK personal recovery training</p> <p>Sheena Bailey – Coaching for recovery training</p>
7.00pm onwards	Conference dinner (optional extra)			

Wednesday 7th March 2012 (am)

Refocus on Recovery 2012 Conference

9.00am – 9.30am	Plenary speaker: Kieran Setright	<b>Venue:</b>		
9.30am –10.30am	Plenary speaker: Mark Ragins (Theme 4: Mental health services and recovery: implementing change)			
<b>10.30am –11.00am</b>	<b>Break</b>			
11.00am –12.30noon	<b>Parallel Session 4</b>			
	<b>Session 4.1</b> Social rights and activism  <b>Venue:</b> Chair:  Cecilia Villares – Educational Initiatives as empowerment strategies for users and family members of individuals with schizophrenia in Sao Paulo, Brazil  Filipa Palha – United to help movement (UPA) in Portugal: To combat mental illness stigma and promote mental health  Luisa Campos – UPA (United to help movement) makes a difference: A school-based intervention to promote mental health literacy and combat mental illness stigma in young people.	<b>Session 4.2</b> Recovery and wellbeing  <b>Venue:</b> Chair:  Emily Ainsworth – How to support self-directed recovery? Organisational lessons on the introduction of personalisation from four sites in the UK  Shulamit Ramon – Enabling wellbeing: working with women and providers in the context of domestic violence and mental health issues  Galit Halperin – Amitim Program: An Integrative Program for the Social Rehabilitation of People with Mental Illness in the Community  Bengt G Eriksson – Users’ experiences with Green Care services	<b>Session 4.3</b> Mental Health Services and recovery: Implementing change <b>Venue:</b> Chair:  John Good – The recovery journeys of professionals  Melissa Petrakis – Strengths model brainstorming: Getting clinicians on board with consumer and recovery orientated conversations  Gabrielle Richards – How “recovery” documentation can contribute to care planning  Elisabeth Argentzell – Social interaction and the importance of occupational factors: comparing day centre attendees with non-attendees in Sweden	<b>Session 4.4</b> Mental health services and recovery: implementing change <b>Venue:</b> Chair:  Nuala Conlan – Developing creative ways of involving older people and their carers in developing and changing service delivery  Lynda McNab – Delivering a Team-based Recovery Training Intervention in Older Adult Mental Health Services  Stephanie Daley – Developing a team based training programme: Implications for Practice  David Newton – What are the implications of personal recovery for older peoples mental health services.
12.30pm – 1.30pm	Panel discussion: "I've always wanted to ask..."			
<b>Close</b>	<b>1.30pm</b>			